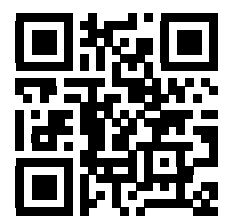


Rik is informal caregiver and work planner.



Rik devotes a lot of his time to organising care for his parents. You too could suddenly have to care for a loved one and perhaps find it difficult to cope. Are you also an informal caregiver? If so, you should speak to someone about your situation, for example your manager or HR department, or seek advice from your union.

More info?



This campaign is an initiative of:

